

km	Straße	Elite	Läufer 1:22 st	Läufer 1:38 st	Läufer 1:54 st	Läufer 2:15 st	Läufer 2:27 st	Schluss Läufer
Start	Seepromenade Lindau (B)	11:11:00	11:11:00	11:12:00	11:13:30	11:15:00	11:16:30	11:18:00
1	Kreisverkehr/Auf dem Wall	11:14:05	11:14:56	11:16:38	11:18:50	11:21:15	11:23:15	11:26:09
2	Ladestraße	11:17:10	11:18:52	11:21:16	11:24:10	11:27:30	11:30:00	11:34:18
3	Ladestraße/Eichwaldstraße	11:20:15	11:22:48	11:25:54	11:29:30	11:33:45	11:36:45	11:42:27
4	Eichwaldstraße	11:23:20	11:26:44	11:30:32	11:34:50	11:40:00	11:43:30	11:50:36
5	Frauenhofer Straße/Campingplatz	11:26:25	11:30:40	11:35:10	11:40:10	11:46:15	11:50:15	11:58:45
6	Radweg Lochau	11:29:30	11:34:36	11:39:48	11:45:30	11:52:30	11:57:00	12:06:54
7	Pipeline	11:32:35	11:38:32	11:44:26	11:50:50	11:58:45	12:03:45	12:15:03
8	Pipeline	11:35:40	11:42:28	11:49:04	11:56:10	12:05:00	12:10:30	12:23:12
9	Pipeline	11:38:45	11:46:24	11:53:42	12:01:30	12:11:15	12:17:15	12:31:21
10	Minigolfplatz	11:41:50	11:50:20	11:58:20	12:06:50	12:17:30	12:24:00	12:39:30
11	Strandweg	11:44:55	11:54:16	12:02:58	12:12:10	12:23:45	12:30:45	12:47:39
12	Strandweg	11:48:00	11:58:12	12:07:36	12:17:30	12:30:00	12:37:30	12:55:48
13	Strandweg/Achsiedlungsstr.	11:51:05	12:02:08	12:12:14	12:22:50	12:36:15	12:44:15	13:03:57
14	Achweg	11:54:10	12:06:04	12:16:52	12:28:10	12:42:30	12:51:00	13:12:06
15	Unterer Achdam	11:57:15	12:10:00	12:21:30	12:33:30	12:48:45	12:57:45	13:20:15
16	Am Margarethendamm	12:00:20	12:13:56	12:26:08	12:38:50	12:55:00	13:04:30	13:28:24
17	Achbrücke	12:03:25	12:17:52	12:30:46	12:44:10	13:01:15	13:11:15	13:36:33
18	Felchenstraße	12:06:30	12:21:48	12:35:24	12:49:30	13:07:30	13:18:00	13:44:42
19	Kloster Mehrerau	12:09:35	12:25:44	12:40:02	12:54:50	13:13:45	13:24:45	13:52:51
20	Parkplatz Moosweg	12:12:40	12:29:40	12:44:40	13:00:10	13:20:00	13:31:30	14:01:00
21	vor Casino-Stadion	12:15:45	12:33:36	12:49:18	13:05:30	13:26:15	13:38:15	14:09:09
Ziel	Casino-Stadion	12:16:02	12:33:58	12:49:44	13:06:00	13:26:51	13:38:53	14:09:55